



2010 Midwestern & Pacific Coast Synchronized Skating Sectional Championships

Hosted by the Eastern Iowa Figure Skating Club
Cedar Rapids Ice Arena, Cedar Rapids, Iowa
January 28 – January 30, 2010

LOC PACKAGE

Welcome to the 2010 Midwestern & Pacific Coast Synchronized Skating Sectional Championships Local Organizing Committee (LOC) Package. We hope this information helps you to plan your trip to Cedar Rapids, Iowa and answers any questions you may have.

This package contains the following forms to be sent back to the LOC:

- Admission Ticket, Pin and Program Pre-Order Form – FORM A
- Unofficial Practice Ice Pre-Order Form – FORM B
- Official Practice Ice Order Form – FORM C
- Event Program Advertisement Form – FORM D
- Event Program Team Photo Submission Form – FORM E
- Checklist with deadlines and mailing information

All LOC Pre-Order forms must be completed and postmarked by **DECEMBER 1, 2009** and mailed to:

**2010 Synchro Sectionals
c/o Eastern Iowa FSC
PO Box 2486
Cedar Rapids, IA 52406-2486**

This package also contains event/general information on the following:

- Competition Hosts
- Facility Information
- Housing Information
- Video/Photographer Information
- Transportation & Travel
- Contact Information/General Event Information
- Tentative Schedule

LOGISTICAL INFORMATION

THE EASTERN IOWA FSC – YOUR HOST FOR THIS EVENT

The 2010 Midwestern & Pacific Coast Synchronized Skating Sectional Championships will be held January 28-30, 2010, and hosted by the Eastern Iowa Figure Skating Club (EIFSC). We are a smaller club with approximately 125 members, but have a great volunteer base ready to make this competition a great experience for all who attend. We have hosted Upper Great Lakes Regional Competitions twice in the last four years and are looking forward to bringing another discipline of figure skating to Cedar Rapids. You can stay up-to-date on information, schedules, etc. by viewing our website at www.eifsc.org and clicking on the link for this event on the left hand side of the homepage. Please plan to check this frequently for the most updated information!

FACILITY INFORMATION

The event will be held at the Cedar Rapids Ice Arena located at 1100 Rockford Rd, Cedar Rapids, Iowa 52404. The Cedar Rapids Ice Arena has two sheets of ice, one Olympic size and one NHL size. Competition events will be held on the NHL rink. Information on the Cedar Rapids Ice Arena can be found at their website www.cricearena.com. Facility layout maps will be posted on the Eastern Iowa FSC website www.eifsc.org. In addition to official and unofficial (extra) practice ice being held at the Cedar Rapids Ice Arena, we will also offer unofficial (extra) practice ice at the Coral Ridge Ice Arena located in Coralville, Iowa. The Coral Ridge Ice Arena is located in the Coral Ridge Mall and is approximately 20-30 minutes from Cedar Rapids by Interstate travel. Information on the Coral Ridge Ice Arena can be found at www.coralridgeice.com. We will also have limited ice availability at Young Arena in Waterloo, Iowa, approximately 50 minutes from Cedar Rapids.

HOUSING INFORMATION

If you are in need of hotel accommodations, please go to our website www.eifsc.org and complete and follow the directions to email back the form for housing requests. We have blocked many hotels in the Cedar Rapids and Coralville areas. Once you have completed and emailed the housing request form, you will be contacted by our housing coordinator with the best available for your needs. You are not required to go through our housing process nor is there any penalty for booking your own rooms.

VIDEO/TEAM PHOTOGRAPHY INFORMATION

This information is on our website at www.eifsc.org.

TRANSPORTATION/TRAVEL INFORMATION

Cedar Rapids, Iowa is located in eastern Iowa approximately five hours west of Chicago, Ill., five hours south of Minneapolis, Minn., five hours north of St. Louis, Missouri, five hours northeast of Kansas City, Kan., and five hours east of Omaha, Neb. Cedar Rapids is best accessed from the east and west by traveling on Interstate 80 and then north on Interstate 380. The "Avenue of the Saints" runs north/south and provides four lane travel options. Our website www.eifsc.org has general direction information and specific directions to the Cedar Rapids and Coral Ridge Ice Arenas.

You will be coming to Iowa in the middle of our winter season. Snowfall, ice, sleet, rain and/or any combination of these are possible and can occur quickly and without warning. If winter weather is affecting travel the week of the competition, we will have links to road conditions and any closings or delays on our website www.eifsc.org.

AIRPORTS:

Eastern Iowa Airport www.eiairport.org, Cedar Rapids, Iowa

Airline Carriers include Allegiant Air, American Airlines (American Eagle), Delta (Delta/Northwest) and United.

Quad City International Airport www.qcairport.com, Moline, Illinois (approximately 1 ½ hours east of Cedar Rapids)

Airline Carriers include American Airlines (American Eagle), AirTran Airways, Delta, United Express

Des Moines Airport www.dsmaairport.com, Des Moines, Iowa (approximately 2 hours west of Cedar Rapids)

Airline Carriers include Allegiant Air, American Airlines (American Eagle), Continental Express, Midwest Airlines, United Airlines, Delta, US Airways

BUS/VAN/CAR RENTALS:

Please see our website www.eifsc.org for rental information. We are listing area rental companies and contact information for your use. We will not be organizing travel packages.

TOURISM INFORMATION:

The City of Cedar Rapids suffered from major flooding in June of 2008. We are currently a city that is rebuilding. The floods damaged many of the museums and historical sites in the city. Please see the Cedar Rapids Area Convention & Visitors Bureau website www.cedar-rapids.com for updated information on area attractions.

CONTACT/GENERAL INFORMATION

REGISTRATION INFORMATION

Official entry registration must be completed for all levels through the ONLINE process by your team's contact person by logging onto their own member profile at www.usfsaonline.org. Only two people have access to online entry – the Contact Person and the Team Coach listed on your Team registration forms. Registration must be completed by midnight (time zone of home club) December 1, 2010. Please revisit the general technical announcement for detailed instructions

REGISTRATION DESK DURING COMPETITION

The registration desk will be located in the lobby of the Cedar Rapids Ice Arena. We will be open one hour before practice ice begins each day and will stay open until ½ hour after the last competition event/practice ice for the day.

When you arrive at the ice arena, please have your team manager/representative come to the registration desk to pick up the teams credentials and any pre-ordered items. Coaches will also need to come to the registration desk and show ID to receive their credentials.

CREDENTIALS

Credentials will be administered and distributed by the LOC for registered competitors, coaches and two chaperones per team. Credentials are required for admittance into the arena and locker room areas. This will be strictly enforced. Please double check to make sure all team members have their credentials before coming to the arena. Transfer of credentials is strictly prohibited and ID may be asked for before admittance to the locker room area. The LOC reserves the right to administer and require a fee of \$20.00 per replacement credential.

OFFICIAL BULLETIN BOARD

The official bulletin board will be located in the lobby next to the main office. All information pertaining to the competition will be posted there.

VENDORS

Vendors will be located either in the lobby area of the arena or concourse area of the NHL rink. As vendors commit to attend, they will be listed on our website www.eifsc.org with a description of items being sold.

LOC CONTACTS

Chairperson
Tammie Hoover
tammiekhoover@aol.com

Practice Ice
Becky LeDuc
2010synchropracticeice@eifsc.org

Housing Coordinator
Charlotte Hays
synchrohotels@eifsc.org

Event/Team Registration
Tammie Hoover
tammiekhoover@aol.com



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TENTATIVE EVENT SCHEDULE

The schedule will be finalized as soon as possible following the close of entries. This tentative schedule was done based on the number of teams competing in at the 2009 event, and the use of only one competition surface. All teams will compete on the main surface. An increase in the number of teams expected may have the following effect on the event schedule: Official practices for 6.0 teams may be moved to the practice arena, qualifying rounds may be necessary more levels (most likely to happen for preliminary and pre-juvenile in the Midwestern section), and events may be moved up in the schedule.

THURSDAY, January 28, 2009 (first practice begins at 6:00am, final practice ends at 10:00pm)

Preliminary	Official practice
Pre-juvenile	Official practice
Novice	Official practice
Open Adult	Official practice
Open Juvenile	Official practice
Intermediate	Official practice
Open Collegiate	Official practice
Junior SP	Official practice

FRIDAY, January 29, 2009 (first practice begins at 6:00am, final practice ends at 11:15pm)

Juvenile	Official practice
Collegiate	Official practice
Senior SP	Official practice
Open Juvenile	Qualifying Round Competition
Preliminary	Competition
Open Collegiate	Competition
Pre-juvenile	Competition
Open adult	Competition
Junior SP	Competition
Novice	Competition
Senior SP	Competition
Masters	Official practice

SATURDAY, January 30, 2009 (first practice begins at 6:00am, final event ends at 10:00pm)

Junior FS	Official practice
Adult	Official practice
Senior FS	Official practice
Intermediate	Competition
Open Juvenile	Final Round Competition
Juvenile	Competition
Collegiate	Competition
Masters	Competition
Junior FS	Competition
Adult	Competition
Senior FS	Competition

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**FORM A: ADMISSION TICKET,
PROGRAM AND PIN PRE-ORDER FORM**

Team Name: _____ Level: _____

Contact Name: _____ Phone#: _____

Contact Email: _____

The following items are available for pre-order at the discounted prices below.

ITEM	COST (per item)	QUANTITY	TOTAL
All Event Pass	\$30.00		
2010 Event Pin	\$8.00		
2010 Official Program	\$10.00		
1 Pin & 1 Program "Package"	\$15.00		
1 Pin, 1 Program, 1 All Event Pass "Package"	\$40.00		
FORM A TOTAL			

All Pre-Orders will be distributed with the team registration material at the registration desk.
Please order carefully – NO REFUNDS OR EXCHANGES!

A limited number of pins and programs will be available at the competition.
Pins - \$10.00 Programs – \$12.00

All event and daily admission tickets will be available for purchase at the Cedar Rapids Ice Arena, at the above prices. Please pre-order to save money.

- Thursday \$15.00
- Friday \$15.00
- Saturday \$15.00
- All Event Pass \$40.00 (Save \$10.00 by ordering in advance on this form)

Deadline for payment and to return: December 1, 2009

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**FORM B: UN-OFFICIAL (EXTRA)
PRACTICE ICE ORDER FORM**

Unofficial practice ice will be available at the Cedar Rapids Ice Arena and Coral Ridge Ice Arena beginning Tuesday, January 26 – Saturday, January 30, 2010. Music services will be available at these practices.

Teams may request as many sessions as they want; however, sessions are not guaranteed. All teams will receive one session first, with additional sessions allocated after that, on a first come-first serve basis. Sessions will be 15 minutes.

Please mark your preferences in the chart below. The LOC will do its best to accommodate requests, but due to the large number of expected teams, all requests are not guaranteed. All ice must be pre-paid. If the LOC is not able to provide the number of sessions requested, you will receive a refund at registration. Unsold practice ice at the close of entry will be available for purchase at the registration desk on a first come basis. We have the opportunity to schedule additional practice ice at the Young Arena in Waterloo, Iowa, approximately one hour's drive from Cedar Rapids.

Team Name:		Level:	
Club Name (if applicable):		Team Arrival Date:	Approx Arrival Time:
Contact Person:		Email:	Cell Phone:
Coach:		Email:	Cell Phone:
Please describe any conflicts with crossover skaters and coaches that could affect your schedule:			

Day	# of Sessions Requested			Cost per Session	TOTAL	Special Requests or Notes
	Cedar Rapids Ice Arena	Coral Ridge Ice Arena (Coralville)	Young Arena (Waterloo)			
Tues 1/26				\$125		
Wed 1/27				\$125		
Thurs 1/28				\$125		
Fri 1/29				\$125		
Sat 1/30				\$125		
FORM B TOTAL						

Deadline for payment and to return: December 1, 2009

Practice Ice Contact: 2010synchropracticeice@eifsc.org



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**FORM C: OFFICIAL PRACTICE
ICE ORDER FORM**

Official practice will be available for all participating teams. Every effort will be made for teams to have practice on the competition surface, however, this may not be possible depending upon the entry numbers. Official practice will be scheduled by the chief referee, and will be conducted in accordance with U.S. Figure Skating rule 3590, as described in the competition announcement. Official practice ice will be blocked by level. Teams will receive one block of official practice ice for their free skate, and one block for their short program. There will be no additional official practice ice for teams that qualify for the championship round.

Teams are not required to purchase their official practice ice. However, teams competing under the ISU judging system are strongly encouraged to do so.

10 minute blocks will be allocated for: Preliminary, pre-juvenile, open juvenile, open adult, open collegiate, juvenile, intermediate, novice, masters, junior short program and senior short program.

12 minute blocks will be allocated for: Collegiate, junior free skate and senior free skate.

1. Cost per 10 minute segment: \$90.00
2. Cost per 12 minute segment: \$100.00
3. Cost for junior and senior teams: \$180.00

Team Name:		Level:
Club Name (if applicable):		
Contact Person:	Email:	Cell Phone:
Coach:	Email:	Cell Phone:

Mark "X" for the Applicable Segment	Ice Segment	Cost	Total
	10 Minute Segment	\$90	
	12 Minute Segment	\$100	
	Junior / Senior Segment	\$180	
FORM C TOTAL			

Deadline for payment and to return: December 1, 2009

Practice Ice Contact: 2010synchropracticeice@eifsc.org



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**FORM D: EVENT PROGRAM
ORDER FORM**

Show your support of the teams participating in the 2009 Midwestern & Pacific Synchronized Skating Sectional Championships by placing an advertisement in the Official Program.

Advertiser: _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Name: _____

Phone #: _____

DESCRIPTION	COST (per ad)	QUANTITY	TOTAL
Full page (8.5" x 11")	\$250.00		
Half page (8.5" x 5.5")	\$150.00		
Quarter page (4.25" x 5.5")	\$85.00		
Business Card, Best Wishes	\$50.00		
Inside or Back Cover (8.5" x 11")	\$500.00		
FORM D TOTAL			

Requirements: All advertisements must be furnished on CD in black and white JPG format @ 300dpi, along with a hard copy of you Ad in accordance with the Ad size ordered. If upon review of you Ad copy and CD it is determined that design, typesetting or graphics retouching is required, an additional \$25.00 will be billed for your Ad.

Payment must accompany Ad copy and CD. Please write "DO NOT FOLD" on the envelope containing the copy.

Deadline for Ad copy, form and payment is December 1, 2009

Please contact Tammie Hoover @ tammiekhoover@aol.com with questions.



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FORM E: EVENT PROGRAM
TEAM PHOTO SUBMISSION FORM

Teams wishing to have a photo in the 2010 Official Program must furnish a 5" x 7" black and white photo and a typed list of all skaters' names. There is a \$25.00 fee to have a team photo published in the program.

Team Name: _____ Level: _____

Club Name (no abbreviations): _____

Hometown: _____ State: _____

Contact Name: _____ Phone #: _____

Requirements:

1) Electronic Format (preferred) – CD with (a) a list of skaters' names (MSWord or Text Format) as you wish them to appear in the program in either alphabetical or in row order from left to right. Also include Team Name, names of Coaches and names of any skater absent from photo and note accordingly, (b) Team Photo in a 5 x 7 black and white JPG format or printed picture.

2) Hard Copy (if electronic format is not possible) – (a) a typed list of skaters as you wish them to appear in the program in either alphabetical or in row order left to right. Also include Team Name, names of Coaches and the names of any skater absent from the photo and note accordingly, (b) Team Photo in a 5 x 7 black and white print.

3) Payment of \$25.00 per photo submitted.

Deadline for photo and payment is December 1, 2009

Please contact Tammie Hoover @ tammiekhoover@aol.com with questions.



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FORMS CHECKLIST

LOC FORMS CHECK LIST AND PAYMENT FORM

FORM	DESCRIPTION	PAYMENT AMOUNT
A	Pin, Program, All-Event Pass Order	
B	Unofficial Practice Ice Order	
C	Official Practice Ice Order	
D	Program Advertising Order	
E	Team Photo Program Insertion Order	
Total Enclosed		

**PLEASE MAKE PAYMENT BY CHECK TO:
Eastern Iowa FSC**

(There will be a \$30.00 fee for returned checks)

Mail this form & forms A-E, team photo & ad copy if desired with payment to:

2010 Synchro Sectionals
c/o Eastern Iowa FSC
PO Box 2486
Cedar Rapids, Iowa 52406-2486

FORMS AND PAYMENT MUST BE POSTMARKED BY DECEMBER 1, 2009

Do not send by certified or registered mail requiring a signature for delivery. Items sent this way will not be accepted or picked up.