

2010 MIDWESTERN & PACIFIC SYNCHRONIZED TEAM SKATING SECTIONAL CHAMPIONSHIPS



**Please visit our web site on a regular basis to obtain
current information**

www.eifsc.org

TECHNICAL ANNOUNCEMENT

1. GENERAL

The 2010 U.S. Figure Skating qualifying competition season for synchronized skating consists of a total of four events, including the three sectional championships and the U.S. Synchronized Skating Championships. All four events are sanctioned by U.S. Figure Skating and conducted according to the most current U.S. Figure Skating rulebook, 2009 edition, with changes and clarifications as posted on the U.S. Figure Skating web site and this announcement. Compliance with these rules as updated or amended is the responsibility of the participants. U.S. Figure Skating reserves the right to incorporate revisions to the International Judging System (IJS) made by the ISU for junior and senior events and by U.S. Figure Skating to novice events and below.

The sectional and national championship competitions are only open to competitors who are current members of U.S. Figure Skating and who meet the eligibility requirements according to U.S. Figure Skating Rule 3035, all age and test requirements pertaining to the event your team is entering and the citizen requirements as stated in Rule 3065.

Important Notice for all Coaches

All coaches will have to comply with the coaches' registration policy in order to be allowed to instruct/coach at all qualifying competitions. For the synchronized skating sectional championships, this includes both qualifying and non-qualifying events. Coaches will need to check-in at the registration desk and show proof of registration plus membership in both U.S. Figure Skating and PSA in order to receive a credential. Each LOC will ask to see each coach's registration, membership cards and a photo ID at check-in. A list of all coaches who have successfully registered will be available at <http://www.usfigureskating.org/Shell.asp?sid=41529> (or go to www.usfigureskating.org and click on "Coaches Registration Process" from the purple Member Services box on the home page). Coaches, who have not registered, will not be allowed a credential. No exceptions.

For the 2010 competition season, the qualifying events are:

Eastern Sectionals	Colonial FSC – Lowell, Mass.	Jan. 28-30, 2010
Midwestern Sectionals	Eastern Iowa FSC – Cedar Rapids, Iowa.	Jan. 28-30, 2010
Pacific Coast Sectionals	Eastern Iowa FSC – Cedar Rapids, Iowa.	Jan. 28-30, 2010

The national championships will be organized for all qualifiers in the:

2010 U.S. Synchronized Skating Championships
March 3-6, 2010
Twin City FSA
Minneapolis, Minn.

2. REGISTRATION

A. METHOD

Online Electronic Registration (Required)

Online registration is the ONLY method available for entry into the 2010 U.S. Figure Skating Qualifying Competition Season.

To enter online you must do the following:

- a. Your team must be currently registered in the level that you wish to compete. It may take up to three weeks to process your synchronized team registration form.
- b. Only two people have access to the online entry 1) **Contact Person** and 2) the **Team Coach** listed on your 2009-2010 Synchronized Team Registration Form.
- c. The person registering the team should go to: www.usfsaonline.org and sign on with their **own member number** (not the team's number). Once you have logged on, you will see an option (on the left side) to register online for the event in which your team is eligible. The system will guide you through the registration process.

Please note that a user name (U.S. Figure Skating Member #) and password are necessary for online entry. If you do not already have a password, follow the instructions on the site. It can take up to two days to get your password. Please plan ahead. Double check that the e-mail address you have listed with U.S. Figure Skating is accurate. Additionally, verify that U.S. Figure Skating is an accepted party by your server, therefore, allowing e-mail from headquarters to enter your inbox and not junk mail.

- d. All team members must be current U.S. Figure Skating members, and eligible for the event in which you are entering. Age/test ineligibility or expired memberships of any athlete on your roster will prevent you from completing the process.
- e. Do not attempt to enter a skater who has not yet tested. You must wait until all team members have passed the appropriate test to enter the system. If a skater has recently passed, and it is not recorded, you will be given the opportunity to enter the data and the entry will clear.
- f. The time zone of your home club will determine the entry deadline of midnight, Dec. 1st
- g. You will receive an e-mail confirmation of the transaction.

If you are experiencing difficulty with online registration, please call the U.S. Figure Skating main number at (719) 635-5200 and ask to speak with Member Services. Or, e-mail the Member Services department at: memberservices@usfigureskating.org

B. DEADLINES

The entry deadline for the 2010 Qualifying Competition Season for synchronized skating is 11:59p.m., December 1, 2009. The time zone of your team's home club will determine the entry deadline of 11:59p.m., Dec. 1, 2009. **NO EXCEPTIONS WILL BE MADE! NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DEADLINE.**

Age requirements must be met as of July 1, 2009.

Test requirements must be met by December 1, 2009. **Provisional entries based on an athlete on the team passing a test after the close of entries will not be accepted.**

C. BYES

Teams awarded a bye to the U.S. Synchronized Skating Championships will receive official notification in writing from U.S. Figure Skating. However, all competitors, including those who receive a bye, wishing to compete in the 2010 Qualifying Competition Season for synchronized skating must enter by the deadline.

D. ENTRY FEES

All teams entering the 2010 Qualifying Competition Season for synchronized skating must pay the appropriate entry fee to U.S. Figure Skating. There is no additional entry fee for the U.S. Synchronized Skating Championships.

Juvenile, intermediate, novice, junior, senior, collegiate, adult and masters	\$500.00
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Preliminary, pre-juvenile, open juvenile, open adult and open collegiate	\$250.00
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In addition, all teams are required to pay an administrative fee of \$10 / team.

E. PAYMENT

Online payment via credit card is the ONLY accepted form of payment. There are no refunds on entry fees. Once entered, all withdrawals are considered final. A team may not re-enter even if the withdrawal occurs prior to the entry deadline of December 1, 2009.

All payments for services and items ordered through the Local Organizing Committee (LOC) such as tickets, practice ice, souvenirs, etc., should be paid directly to the LOC as per the instructions on the LOC forms and / or LOC web site.

F. IMPORTANT NOTES

Your online entry is a combined entry for the Synchronized Skating Sectional Championships and U.S. Synchronized Team Skating Championships. Teams advancing from sectionals will be automatically entered in the U.S. Synchronized Skating Championships. They will need to fill out only LOC forms for their next event.

- a. **Birth certificates** are required for skaters on **juvenile, intermediate, novice, junior and senior** teams who have not submitted them to U.S. Figure Skating before. These should be sent in after you register online. Once you submit the entry, you will be given a list of athletes that you must send birth certificates for. Please send them only for the athletes the computer lists. Please do not send them in for skaters not on these level teams, or who already have them on file.

- b. **Collegiate and open collegiate teams:** In addition to the online registration process, all teams in the collegiate or open collegiate levels must submit to U.S. Figure Skating Headquarters, by the entry deadline of December 1, 2009, a signed copy of "FORM C" verifying their academic eligibility.
- c. **Medical Registry & Waiver:** All athletes who are members of a team competing at the Synchronized Skating Sectional Championships are required to go onto their MEMBERS ONLY profile on U.S. Figure Skating Online and complete the medical registry and the waiver online. Instructions: Once on the site, each athlete must:
 - Click on "Online Event Reg."
 - Scroll over "Event Manager"
 - Select "Medical Registry" and complete all of the information there
 - Select "Accept Waivers" and initial all of the boxes.

3. TECHNICAL DETAILS

A. CONDUCT OF EVENTS

For the 2010 season, the following levels will be conducted in accordance with the International System of Judging (IJS): intermediate, novice, junior, senior, collegiate and adult.

The following levels will be conducted under the 6.0 judging system: preliminary, pre-juvenile, open juvenile, juvenile, open collegiate, open adult and masters.

The sectional and U.S. Synchronized Team Skating Championships are sanctioned by U.S. Figure Skating and will be conducted under the rules set forth in the 2010 U.S. Figure Skating rulebook and this announcement. **Coaches are required to read the rule book and know all rules pertaining to their team.**

B. PLANNED PROGRAM CONTENT SHEETS

All synchronized teams entering events judged under the IJS (intermediate, novice, junior, senior, collegiate and adult) are required to submit a planned program content sheet as part of the registration process. The planned program content sheet should be completed by the close of entries (Dec. 1), but may be updated up to one week prior to the first official practice at your competition.

To complete the planned program content sheet the registered team coach or team contact person (same person that is eligible to complete the online registration) must go to www.usfsaonline.org, log in under his or her own member name and follow the instructions to complete the sheet.

When the team registers at the event, a copy of the planned program content sheet, submitted online, will be available at the registration desk. The head coach of each team is required to read it one last time, and verify that it is correct with their signature.

C. EVENTS TO BE SKATED

LEVELS THAT ARE OFFERED ONLY AT THE SECTIONAL CHAMPIONSHIPS

- 1. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10 on the preceding July 1.
Program duration: 2 minutes
Well balanced program: Rule 4710
- 2. Pre-Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 12 on the preceding July 1.
Program duration: 2 minutes.
Well balanced program: Rule 4760
- 3. Open Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 19 on the preceding July 1. All skaters must have passed the pre-preliminary moves in the field test.
Program duration: 2 ½ minutes.
Well balanced program: Rule 4770
- 4. Open Collegiate** A team of 8 to 16 skaters. Skaters must be enrolled in a college or university as a full-time student, as defined by the institution they attend, as of the entry deadline.
Program duration: 3 minutes.
Well balanced program: Rule 4790
- 5. Open Adult:** A team of 8 to 12 skaters. The majority of skaters must be 19 years or older on the preceding July 1.
Program duration: 2 ½ minutes.
Well balanced program: Rule 4780

LEVELS THAT WILL ADVANCE TO THE U.S. SYNCHRONIZED SKATING CHAMPIONSHIPS

- 1. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 on the preceding July 1 and have passed the preliminary moves in the field test.
Program duration: 3 minutes.
Well balanced program: Rule 4700
- 2. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 on the preceding July 1 and have passed the pre-juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4690
- 3. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception of a maximum of 4 skaters that may be 16 or 17, on the preceding July 1 and have passed the juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4680
- 4. Junior:** A team of 12 to 16 skaters. Skaters must be at least 12 and under 19 on the preceding July 1. All skaters must have passed the intermediate moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 minutes
Well balanced program and short program: Rule 4670

- 5. Senior:** A team of 16 skaters. Skaters must be at least 14 on the preceding July 1 and have passed the novice moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 ½ minutes.
Well balanced program and short program: Rule 4660
- 6. Collegiate:** A team of 12 to 20 skaters. Skaters must be enrolled in a college or university as a full-time student, as defined by the institution they attend, as of the entry deadline. All skaters must have passed the juvenile moves in the field test.
Program duration: 4 minutes.
Well balanced program: Rule 4720
- 7. Adult:** A team of 12 to 20 skaters. Skaters must be at least 21 on the preceding July 1. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.
Program duration: 3 ½ minutes
Well balanced program: Rule 4730
- 8. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 35 on the preceding July 1.
Program duration: 3 minutes.
Well balanced program: Rule 4740

CROSSOVER RULES:

An individual skater may skate on more than one, but not more than two, synchronized skating teams as long as the teams are in different levels, and both levels in question allow crossing over between them. The following must also be adhered to:

Rule 3261: Synchronized Teams may enter more than one level, using different music and a different program, provided that there is no less than a fifty percent (50%) change of skaters.

Rule 3260 A: Is a chart in the U.S. Figure Skating Rulebook illustrating which levels athletes are allowed to "crossover" between. It is found on page 172 of the 2010 edition.

ALTERNATE RULES:

Rule 3259: Each synchronized skating team may have alternates listed on the team roster. The maximum number of alternates is four. Teams may have a total of four athletes on their roster in addition to the maximum number permitted on the ice for their respective level.

ROSTER / CHANGES TO THE ROSTER:

Rule 3253: The entry form of the first qualifying competition of the year becomes the official team roster for the remainder of the year. The roster must list all team members including alternates. No additions will be permitted from sectionals to the U.S. Synchronized Skating Championships.

B. Requests for substitutions to the roster must be submitted on the official form to the Sectional Vice Chair of the Synchronized Skating Competitions Subcommittee.
Substitutions to the roster may be permissible up to two weeks prior to the start of the next qualifying competition.

Note: The official form may be obtained on the "Forms" page of www.usfigureskating.org

D. MUSIC

COMPETITION MUSIC INFORMATION

U.S. Figure Skating requires all teams to fully complete a competition music information form as part of the online registration process.

The following information is required for each piece of music used in both the short program and free skate: Composer, orchestra, duration of music and record label / number (optional but highly recommended if obtainable).

COMPACT DISCS (CDs)

For all qualifying competitions, CDs are the only acceptable forms of media. CDs must be clearly marked with the team's name, event entered and the music length. Each CD must have only ONE (1) track on it. In the case the junior and senior events, separate discs for the short program and free skate must be turned in. Any disc with more than one track will NOT be accepted. Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.

NEW FOR 2010

Each CD must be in a paper CD sleeve with a see through window (obtainable at any office supply store), also labeled with the team's name and event. Standard hard plastic "jewel cases" or CD holders are no longer acceptable. CDs that are not properly identified will NOT be accepted. **Due to compatibility and reliability reasons music may NOT be submitted on re-recordable "CD-RW" discs.**

Competition music must be turned in at the registration desk at the time of registration and will be available for pick up at the registration desk at the conclusion of the event. Teams will not receive their credentials until they turn in their music.

All teams must have at least one (1) additional copy of their CD rink side at practice sessions and during the actual competition event. The LOC will accept no responsibility for damaged or lost CDs.

E. OFFICIAL BULLETIN BOARD

The official bulletin board will contain any announcements or changes and it is the responsibility of the teams to check it often for official notices. Please refer to the local portion of the announcement for further information regarding the bulletin board.

4. ADVANCEMENT TO THE U.S. SYNCHRONIZED SKATING CHAMPIONSHIPS

A. QUALIFIERS

All teams advancing to the U.S. Synchronized Skating Championships will receive either the announcement or instructions for retrieving the announcement for the event at the registration desk following the posting of results for the applicable levels.

For all teams, all information required to be sent to the U.S. Synchronized Skating Championships LOC must be postmarked or e-mailed no later than the TUESDAY FOLLOWING YOUR SECTIONAL CHAMPIONSHIP. Any information postmarked after the Tuesday following your sectional championship will be accepted ONLY at the discretion of the LOC.

Those teams receiving a bye to the U.S. Synchronized Skating Championships will receive their announcement either via e-mail or regular mail and must follow the deadline set forth by the LOC.

If a team qualifies for the U.S. Synchronized Team Skating Championships and chooses **not to participate**, the team must notify their respective sectional vice chair of the Synchronized Competitions Subcommittee and U.S. Figure Skating Headquarters within 48 hours following the conclusion of the competition.

Four teams from each section, in each event, shall be permitted to enter the U.S. Synchronized Team Skating Championships. However, additional teams may be invited to participate per rule 3192, which may be found on page 166 of the 2010 U.S. Figure Skating Rulebook.

B. ALTERNATES

Teams placing fifth and sixth (unless there are fill-ins) at the sectional championships will be designated as first and second alternates. These teams will be provided with an event announcement as they may be selected to compete.

Alternates do not need to submit any forms unless they are contacted by U.S. Figure Skating.

5. INSURANCE / LIABILITY

U.S. Figure Skating, the host club(s) and/or interclub association, the organizing committee and the ice arenas being utilized for these events accept no responsibility for injury or damage sustained by any participant in these championships. (U.S. Figure Skating Rule 3222).

6. ANTI-DOPING

Anti-doping tests will not be conducted at either the sectional championships or the U.S. Synchronized Skating Championships.

7. CONTACTS

For further information, requests should be addressed to:

A. U.S. FIGURE SKATING

Director, Synchronized Skating
Kelly Hodge
khodge@usfigureskating.org

Competitions Coordinator
Pam Crowley
pcrowley@usfigureskating.org

Chair, Synchronized Competitions Subcommittee
Bill Beharrell
wrbeharrel@aol.com

Chief Referee
Wayne Hundley
waynehundley@earthlink.net

Sectional vice-chair, Synchronized Competitions Subcommittee

Midwestern: Bob Bauer
bob.bauer@illinois.gov

Pacific: Mary Lou Rothman
gasman@aol.com

B. LOCAL ORGANIZING COMMITTEE

Competition Chair
Tammie Hoover
tammiekhoover@aol.com

Housing Coordinator
Charlotte Hays
synchrohotels@eifsc.org

Practice Ice Coordinator
Becky LeDuc
2010synchropracticeice@eifsc.org



2010 MIDWESTERN & PACIFIC SYNCHRONIZED SKATING SECTIONAL CHAMPIONSHIPS

GENERAL INFORMATION

The 2010 Midwestern & Pacific Coast Synchronized Skating Sectional Championships will be held January 28-30, 2010 at the Cedar Rapids Ice Arena located at 1100 Rockford Rd, Cedar Rapids, Iowa 52404. The championships are sanctioned by U.S. Figure Skating and hosted by the Eastern Iowa Figure Skating Club.

REGISTRATION

The registration desk will be located in the lobby of the Cedar Rapids Ice Arena. It will open 1 hour before the first practice ice or competition event of the day and close ½ hour after the last practice ice or competition event of the day.

BULLETIN AND NOTICES

The official bulletin board will be located in the main lobby of the Cedar Rapids Ice Arena.

The official schedule of events will be posted on the official bulletin board and will supersede all other schedules. It is the responsibility of each participating team to check the official bulletin board for all official information. Notices posted here are considered sufficient notice to all teams. Check frequently.

AWARDS

Awards will be presented to athletes on first through fourth place teams in each event at times designated on the official bulletin board. Medals will be given to all skaters listed on the roster who were present during the competitive event.

ADMISSION

All Event Pass is available by pre-order for \$30.00. Daily admission is \$15.00 and All Event Pass \$40.00 if purchased at the competition. Please see LOC packet FORM A for pre-order.

CREDENTIALS

All athletes and registered coaches that are current members of U.S. Figure Skating and the PSA will receive a credential. In addition, each team will receive two additional chaperone passes. Credentials will be distributed to the team manager / representative at the registration desk.

PHOTOGRAPHY / VIDEO

The official videographer is Straw Productions. Please see our website at www.eifsc.org for information on video and team photos.

ARENA INFORMATION

Competition and Practice Ice Arena
Cedar Rapids Ice Arena (2 sheets of ice)
1100 Rockford Rd
Cedar Rapids, Iowa 52404
(319)398-0100
www.cricearena.com

Additional Practice Ice
Coral Ridge Ice Arena
1451 Coral Ridge Ave
Coralville, Iowa 52241
(319)354-7870
www.coralridgeice.com

Young Arena
125 Commercial Street
Waterloo, Iowa 50701
(319)291-4335
www.waterlooleisureservices.org/ya/

SCHEDULE / GROUPS

A tentative schedule is provided in the announcement. This schedule is subject to change based on the number of entries. An updated schedule will be posted on the event web site www.eifsc.org as soon as possible following the close of entries.

The draws for starting order will be posted on the official bulletin board at the first official practice ice session. All initial draws will be closed draws. Subsequent draws following the junior and senior short program will be conducted as open draws.

HOTEL INFORMATION

Please see our website www.eifsc.org. Housing request forms are accepted beginning July 1, 2009. Please complete form and email to synchrohotels@eifsc.org. Our housing coordinator will contact you with available hotels that best suit your team.

PRACTICE ICE

OFFICIAL PRACTICE ICE will be conducted per rule 3590. The following applies to both the sectional and U.S Synchronized Skating Championships:

Official practice ice segments for the following events will be in 12 minute segments: senior free skate, junior free skate, collegiate free skate and open junior free skate.

Official practice ice segments for the following events will be in 10 minute segments: senior short program, junior short program, novice free skate, intermediate free skate, juvenile free skate, open juvenile free skate, pre-juvenile free skate, preliminary free skate, adult free skate, masters free skate, open adult free skate and open collegiate free skate.

For the official practice ice segment at the sectional and U.S. Synchronized Skating Championships, each team shall be allowed a short warm-up period prior to the start of the music. Each team will be allowed to have their music played two (2) times. No stopping or restarting of the music will be allowed once the music has been started. At this official practice, the teams competing in intermediate, novice, junior, senior, collegiate or adult are obliged to skate the whole competition program (short program or free skate), either in one entire run-thru or two (2) halves (the whole ½ of the program once followed by the other ½ of the program at once.) Teams competing in preliminary, pre-juvenile, open juvenile, open collegiate, open adult, juvenile or masters are not obligated to follow this rule.

For the short program and free skate ten (10) minute segments, the music will be played for the first time no later than the three (3) minute mark of the session. A thirty (30) second warning announcement shall be given prior to the start of the music for both times. Any time left in the session will be announced at the completion of the playing of the music for the second time

For the free skate (12) minute sessions, the music will be played for the first time no later than the two (2) minute mark of the session. A thirty (30) second warning announcement shall be given prior to the start of the music for both times. Any time left in the session will be announced at the completion of the playing of the music for the second time.

OFFICIAL PRACTICE ICE FOR THE U.S. SYNCHRONIZED TEAM SKATING CHAMPIONSHIPS:

Per rule 3597, official practice ice shall be organized and skated by sections:

B. When the championships are held in the Eastern Section, the official practice ice skating order for each level is as follows: Eastern, Pacific Coast, Midwest, byes.

After the skating order is posted at the U.S. Synchronized Team Skating Championships, teams are not allowed to practice with the exception of the practice ice provided by the competition organizers. **This rule does not apply to the sectional championships.**

UNOFFICIAL PRACTICE ICE:

May be purchased from the LOC by using Form B provided in this announcement. Unofficial practice ice will be available at the Cedar Rapids Ice Arena, home of the Eastern Iowa Figure Skating Club as well as the Coral Ridge Ice Arena, Coralville, Iowa, and the Young Arena, Waterloo, Iowa. Unofficial practice ice will be available beginning Tuesday, January 26 through Saturday, January 30, 2010, as time permits.

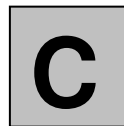
LOC FORMS AND CHECKLIST

The LOC package contains the following: Checklist for pre-orders of Pins, Programs and Event Passes (Form A), Unofficial (extra) Practice Ice (Form B), Official Practice Ice (Form C), Program Advertising (Form D), Program Team Photo Submission (Form E).

All LOC forms and payment need to be postmarked by December 1, 2009 and sent to:

2010 Synchro Sectionals
c/o Eastern Iowa FSC
PO Box 2486
Cedar Rapids, Iowa 52406-2486

Please make checks payable to: Eastern Iowa FSC.



**2010 SYNCHRONIZED SKATING SECTIONAL CHAMPIONSHIPS
CERTIFICATION BY COLLEGE REGISTRAR –
COLLEGIATE & OPEN COLLEGIATE TEAMS ONLY**

Collegiate and open collegiate teams must comply with Rule 4720 (collegiate) or Rule 4790 (open collegiate). Athletes on both open collegiate and collegiate teams must be considered full-time students by the institution they attend, as of the entry deadline of December 1, 2009. Students do not need to attend the same school. Use a separate form for each institution the members attend, collect all of the forms and send them together. Collegiate or open collegiate teams not submitting this completed form or other proof of student status for every athlete may be withdrawn from the Championships.

Team Name:	U.S. Figure Skating Number:
Level (circle one): Collegiate Open Collegiate	

STUDENT NAME LAST NAME, First name	Registered as a current full time student	Registered as a current part-time student
1.		
2.		
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24.		

TO BE COMPLETED BY THE REGISTRAR:

I certify that the students listed above are considered students by the following institution:
_____ and that their student status is marked in the appropriate column.

Name of Registrar: _____

Signature: _____ Date: _____

SEND TO:

2010 Sectional Synchronized Skating Championships
U.S. Figure Skating
20 First Street
Colorado Springs, CO 80906

DEADLINE: DECEMBER 1, 2009