# EIFSC Jump Harness Policy & Procedures

#### Purpose:

The Jump Harness was purchased to be a benefit and resource to all Eastern lowa club skaters and professional staff. The purpose of this document is to insure that all skaters and professionals have fair and equal opportunity to use this resource in their training/coaching regimens. These policies also are to insure the security and safety of the jump harness.

## **Eligibility:**

Skaters and professional coaches must be members in good standing with the Eastern Iowa Figure Skating Club to be eligible to use the jump harness. There will be no cost to eligible skaters and professional coaches to use the jump harness. Non-club members may use the jump harness after meeting the special requirements below.

# **Guest Professional Policy**

- Guest professionals must be officially trained on the jump harness prior to using it.
- Guest professionals must become non-home member of EIFSC to use the jump harness.

## **Guest Skater Policy**

- Guest skaters are permitted to use the harness in a lesson situation on Club Ice sessions only.
- Guest skaters are to pay the guest fee to skate on club ice sessions plus an additional \$3 to use the harness. This must be paid prior to the beginning of the club ice session.
- Guest skaters are required to sign a waiver, which is available in the Club Ice payment book prior to the beginning of the club ice session.

### **Jump Harness Policies**

- The harness is the property of EIFSC.
- The harness is to be used only by officially trained professionals.
- The harness is available for EIFSC coaches in good standing with the Eastern Iowa FSC.
- Professional must have proof of insurance to use the harness.
- Parents and skaters are strictly prohibited from using the harness to train another skater.
- Jump harness sessions are limited to 10 minutes. If the harness is idle for 5 minutes, the same professional may resume use after checking with the other professionals on the ice.
- No professional may use the harness continuously for the freestyle/Club ice session, unless the harness is idle.
- The last professional to use the harness on a session is responsible for properly putting the harness away and locking it securely.
- Eligible skaters and professionals may use the jump harness on freestyle and club ice sessions.
- Eligible skaters and professionals may use the jump harness on home school or public sessions when the session is occupied by EIFSC club skaters only.